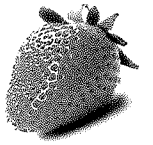


	Sun 06-02-2024	Mon 06-03-2024	Tue 06-04-2024	Wed 06-05-2024	Thu 06-06-2024	Fri 06-07-2024	Sat 06-08-2024
B R E A K F A S T	3/4 c Hot Cereal 1 - Egg of Choice 1/2 c Fresh Fruit 1/2 c 100% Juice 1 slice Whole Grain Toast	3/4 c Hot Cereal 1 - Egg of Choice 1/2 c Fresh Fruit 1/2 c 100% Juice 1 slice Whole Grain Toast	3/4 c Hot Cereal 1 - Egg of Choice 1/2 c Fresh Fruit 1/2 c 100% Juice 1 slice Whole Grain Toast	3/4 c Hot Cereal 1 - Egg of Choice 1/2 c Fresh Fruit 1/2 c 100% Juice 1 slice Whole Grain Toast	3/4 c Hot Cereal 1 - Egg of Choice 1/2 c Fresh Fruit 1/2 c 100% Juice 1 slice Whole Grain Toast	3/4 c Hot Cereal 1 - Egg of Choice 1/2 c Fresh Fruit 1/2 c 100% Juice 1 slice Whole Grain Toast	3/4 c Hot Cereal 1 - Egg of Choice 1/2 c Fresh Fruit 1/2 c 100% Juice 1 slice Whole Grain Toast
	3 oz Roast Beef 1/2 c Classic Mashed Potatoes 1/2 c Buttery Carrots	1 c Garlic Chicken Fried Rice 1/2 c Peas	1 - Hamburger 'N Fixin's 1/2 c Baked Beans 1 c Watermelon 1/2 c Vegetable Medley	3 oz Herb Crusted Turkey 1/2 c Homestyle Stuffing 1/2 c French Cut Green Beans	3 oz Meatballs 1/2 c Red Potatoes 1/2 c Vegetable Medley	3 oz Baked Cod Fillet 3 - Onion Rings 1/2 c Coleslaw	3 oz Melt In Your Mouth Chicken 1 c Macaroni and Cheese 1 c Garden Green Salad
D I N N E R	1 c Classic Chicken Noodle Soup 1/2 c Assorted Fruit 1 - Baked Roll	1 c Ham and Potato Soup 1/2 c Assorted Fruit	1 - Chicken Salad Sandwich 1/2 c Fruit 1/2 - Cucumber and Feta Salad	1 c Baked Spaghetti 1/2 c Fruit 1 c Garden Green Salad	1 c Chicken and Noodles 1/2 c Assorted Fruit	2 c Chef Salad 1/2 c Fruit 1 - Breadsticks	1 - Turkey Croissant Sandwich 1/2 c Berry Jello 1 oz Chips
	Milk offered at every meal						Week 3

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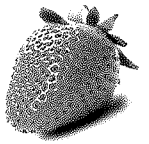
Weekly Menu

Union Court MC



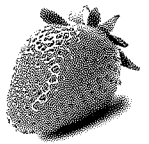
	Sun 06-09-2024	Mon 06-10-2024	Tue 06-11-2024	Wed 06-12-2024	Thu 06-13-2024	Fri 06-14-2024	Sat 06-15-2024
B R E A K F A S T	3/4 c Hot Cereal 1 - Egg of Choice 1/2 c Fresh Fruit 1/2 c 100% Juice 1 slice Whole Grain Toast	3/4 c Hot Cereal 1 - Egg of Choice 1/2 c Fresh Fruit 1/2 c 100% Juice 1 slice Whole Grain Toast	3/4 c Hot Cereal 1 - Egg of Choice 1/2 c Fresh Fruit 1/2 c 100% Juice 1 slice Whole Grain Toast	3/4 c Hot Cereal 1 - Egg of Choice 1/2 c Fresh Fruit 1/2 c 100% Juice 1 slice Whole Grain Toast	3/4 c Hot Cereal 1 - Egg of Choice 1/2 c Fresh Fruit 1/2 c 100% Juice 1 slice Whole Grain Toast	3/4 c Hot Cereal 1 - Egg of Choice 1/2 c Fresh Fruit 1/2 c 100% Juice 1 slice Whole Grain Toast	3/4 c Hot Cereal 1 - Egg of Choice 1/2 c Fresh Fruit 1/2 c 100% Juice 1 slice Whole Grain Toast
	3 oz Beef Roast 1/2 c Classic Mashed Potatoes 1/2 c Buttery Carrots	1-1/2 c Pork Stir-Fry 1/2 c Vegetable Medley	1 - Hot Dog 1 c Watermelon 1/2 c BLT Pasta Salad	1 - Beef Taco 1/2 c Brown Rice	1 - Beer Braised Sausage and Sauerkraut 1/2 c Vegetable Medley	3 oz Baked Cod Fillet 3 oz French Fries 1/2 c Coleslaw	3 oz Bacon Ranch Chicken 1/2 c Macaroni and Cheese 1/2 c Vegetable Medley
D I N N E R	1 - BBQ Pulled Pork on a Bun 1/2 c Fruit Cocktail	1 c Baked Spaghetti 1/2 c Berry Jello 1 slice Garlic Bread	1 - Hot Roast Beef Sliders 1/2 c Vegetable Pasta Salad	2 c Chicken Strawberry Salad 1/2 c Assorted Fruit 1 - Garlic Breadsticks	1 - Meatball Sub Sandwich 1 c Garden Green Salad	1 c Classic Chicken Noodle Soup 1 c Garden Green Salad	1/2 c Egg Salad 1/2 c Assorted Fruit 1 oz Chips
	Milk offered at every meal						Week 4

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	Sun 06-16-2024	Mon 06-17-2024	Tue 06-18-2024	Wed 06-19-2024	Thu 06-20-2024	Fri 06-21-2024	Sat 06-22-2024
B R E A K F A S T	1 oz Cold Cereal 1 - Egg of Choice 1/2 c Fresh Fruit 1/2 c 100% Juice 1 slice Whole Grain Toast	1 oz Cold Cereal 1 - Egg of Choice 1/2 c Fresh Fruit 1/2 c 100% Juice 1 slice Whole Grain Toast	1 oz Cold Cereal 1 - Egg of Choice 1/2 c Fresh Fruit 1/2 c 100% Juice 1 slice Whole Grain Toast	1 oz Cold Cereal 1 - Egg of Choice 1/2 c Fresh Fruit 1/2 c 100% Juice 1 slice Whole Grain Toast	1 oz Cold Cereal 1 - Egg of Choice 1/2 c Fresh Fruit 1/2 c 100% Juice 1 slice Whole Grain Toast	1 oz Cold Cereal 1 - Egg of Choice 1/2 c Fresh Fruit 1/2 c 100% Juice 1 slice Whole Grain Toast	1 oz Cold Cereal 1 - Egg of Choice 1/2 c Fresh Fruit 1/2 c 100% Juice 1 slice Whole Grain Toast
	3 oz Autumn Pot Roast 1/2 c Classic Mashed Potatoes 1/2 c Buttery Carrots	1 c Taco Cornbread Casserole 1/2 c Applesauce	1 - All Beef Hot Dog 1/2 c Pasta Salad 1 c Watermelon	1-1/2 c Pork Fried Rice 2 - Pork Egg Roll with Sweet and Sour Sauce 1/2 c Vegetable Medley	1 c Ground Beef Stroganoff 1/2 c Vegetable Medley 1 slice Toll House Pie	3 oz Baked Cod Fillet 3 oz French Fries 1/2 c Coleslaw	3 oz Bacon Ranch Chicken 1/2 c Red Potatoes 1/2 c Vegetable Medley
D I N N E R	1 - Bologna Sandwich 1/2 c Jello Salad 1 c Green Salad	1 c Baked Spaghetti 1 oz Garlic Bread	1 c Chicken and Noodles 1/2 c Assorted Fruit 1 - Baked Roll	1 - Turkey Croissant Sandwich 1/2 c Fresh Mashed Potatoes	2 - Ham and Cheese Sliders 1/2 c Assorted Fruit 1/2 c Baked Beans	2 c Classic Taco Salad 1 oz Garlic Bread	1 c Beef Chili 1/2 c Assorted Fruit 1 - Bread
	Milk offered at every meal						Week 5

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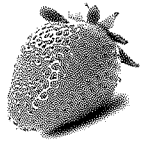


	Sun 06-23-2024	Mon 06-24-2024	Tue 06-25-2024	Wed 06-26-2024	Thu 06-27-2024	Fri 06-28-2024	Sat 06-29-2024
B R E A K F A S T	3/4 c Hot Cereal 1 - Egg of Choice 1/2 c Fresh Fruit 1/2 c 100% Juice 1 slice Whole Grain Toast	3/4 c Hot Cereal 1 - Egg of Choice 1/2 c Fresh Fruit 1/2 c 100% Juice 1 slice Whole Grain Toast	3/4 c Hot Cereal 1 - Egg of Choice 1/2 c Fresh Fruit 1/2 c 100% Juice 1 slice Whole Grain Toast	3/4 c Hot Cereal 1 - Egg of Choice 1/2 c Fresh Fruit 1/2 c 100% Juice 1 slice Whole Grain Toast	3/4 c Hot Cereal 1 - Egg of Choice 1/2 c Fresh Fruit 1/2 c 100% Juice 1 slice Whole Grain Toast	3/4 c Hot Cereal 1 - Egg of Choice 1/2 c Fresh Fruit 1/2 c 100% Juice 1 slice Whole Grain Toast	3/4 c Hot Cereal 1 - Egg of Choice 1/2 c Fresh Fruit 1/2 c 100% Juice 1 slice Whole Grain Toast
	3 oz Autumn Pot Roast 1/2 c Boiled Potatoes 1/2 c Buttery Carrots	1 c Chicken and Stuffing with Gravy 1/2 c Vegetable Medley	1 - American Hamburgers 1/2 c Potato Salad 1 c Watermelon	3 oz Pork Roast with Gravy 1/2 c Classic Mashed Potatoes 1/2 c Vegetable Medley	3 oz Liver and Onions 3 oz Butter Crumb Chicken 1/2 c Red Potatoes 1/2 c Vegetable Medley	3 oz Baked Cod Fillet 3 oz French Fries 1/2 c Coleslaw	1 c Shrimp Scampi 3 oz Chicken Scampi 1/2 c Vegetable Medley
D I N N E R	1 - Sloppy Joes <i>and</i> 1 c Tater Tot Dish 1/2 c Fruit Pudding Salad	1 - Ham Sandwich 1 c Garden Green Salad 1 oz Chips	1 c Cheese Tortellini 1/2 c Assorted Fruit 1 oz Garlic Bread	1 c Basic Ham and Bean Soup 1 c Garden Green Salad	1 - Meatball Sub Sandwich 1/2 c Assorted Fruit 2/3 c Garden Pasta Salad	2 c Chef Salad 1 - Fruit Cup 1 oz Garlic Bread	1 c Beef Bake Stew 1/2 c Fruit 1 - Baked Roll
	Milk offered at every meal						Week 1

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Weekly Menu

Union Court MC



	Sun 06-23-2024	Mon 06-24-2024	Tue 06-25-2024	Wed 06-26-2024	Thu 06-27-2024	Fri 06-28-2024	Sat 06-29-2024
B R E A K F A S T	3/4 c Hot Cereal 1 - Egg of Choice 1/2 c Fresh Fruit 1/2 c 100% Juice 1 slice Whole Grain Toast	3/4 c Hot Cereal 1 - Egg of Choice 1/2 c Fresh Fruit 1/2 c 100% Juice 1 slice Whole Grain Toast	3/4 c Hot Cereal 1 - Egg of Choice 1/2 c Fresh Fruit 1/2 c 100% Juice 1 slice Whole Grain Toast	3/4 c Hot Cereal 1 - Egg of Choice 1/2 c Fresh Fruit 1/2 c 100% Juice 1 slice Whole Grain Toast	3/4 c Hot Cereal 1 - Egg of Choice 1/2 c Fresh Fruit 1/2 c 100% Juice 1 slice Whole Grain Toast	3/4 c Hot Cereal 1 - Egg of Choice 1/2 c Fresh Fruit 1/2 c 100% Juice 1 slice Whole Grain Toast	3/4 c Hot Cereal 1 - Egg of Choice 1/2 c Fresh Fruit 1/2 c 100% Juice 1 slice Whole Grain Toast
	3 oz Autumn Pot Roast 1/2 c Boiled Potatoes 1/2 c Buttery Carrots	1 c Chicken and Stuffing with Gravy 1/2 c Vegetable Medley	1 - American Hamburgers 1/2 c Potato Salad 1 c Watermelon	3 oz Pork Roast with Gravy 1/2 c Classic Mashed Potatoes 1/2 c Vegetable Medley	3 oz Liver and Onions 3 oz Butter Crumb Chicken 1/2 c Red Potatoes 1/2 c Vegetable Medley	3 oz Baked Cod Fillet 3 oz French Fries 1/2 c Coleslaw	1 c Shrimp Scampi 3 oz Chicken Scampi 1/2 c Vegetable Medley
D I N N E R	1 - Sloppy Joes <i>and</i> 1 c Tater Tot Dish 1/2 c Fruit Pudding Salad	2 c Chef Salad 1/2 c Assorted Fruit 1 oz Garlic Bread	1 c Cheese Tortellini 1/2 c Assorted Fruit 1 oz Garlic Bread	1 c Basic Ham and Bean Soup 1 c Garden Green Salad	1 - Meatball Sub Sandwich 1/2 c Assorted Fruit 2/3 c Garden Pasta Salad	1 c Tuna Pasta Salad 1 - Fruit Cup	1 c Beef Bake Stew 1/2 c Fruit 1 - Baked Roll
	Milk offered at every meal						Week 1

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