



|  | Sun 03-31-2024  | Mon 04-01-2024  | Tue 04-02-2024  | Wed 04-03-2024  | Thu 04-04-2024  | Fri 04-05-2024  | Sat 04-06-2024  |
|--|---|---|---|---|---|---|---|
| <b>B<br/>R<br/>E<br/>A<br/>K<br/>F<br/>A<br/>S<br/>T</b> | 3/4 c Hot Cereal<br>1 - Egg of Choice<br>1/2 c Fresh Fruit<br>1/2 c 100% Juice<br>1 slice Whole Grain Toast | 3/4 c Hot Cereal<br>1 - Egg of Choice<br>1/2 c Fresh Fruit<br>1/2 c 100% Juice<br>1 slice Whole Grain Toast | 3/4 c Hot Cereal<br>1 - Egg of Choice<br>1/2 c Fresh Fruit<br>1/2 c 100% Juice<br>1 slice Whole Grain Toast | 3/4 c Hot Cereal<br>1 - Egg of Choice<br>1/2 c Fresh Fruit<br>1/2 c 100% Juice<br>1 slice Whole Grain Toast | 3/4 c Hot Cereal<br>1 - Egg of Choice<br>1/2 c Fresh Fruit<br>1/2 c 100% Juice<br>1 slice Whole Grain Toast | 3/4 c Hot Cereal<br>1 - Egg of Choice<br>1/2 c Fresh Fruit<br>1/2 c 100% Juice<br>1 slice Whole Grain Toast | 3/4 c Hot Cereal<br>1 - Egg of Choice<br>1/2 c Fresh Fruit<br>1/2 c 100% Juice<br>1 slice Whole Grain Toast |
|  | <b>Easter</b><br>3 oz Baked Ham<br>1/2 c LF Scalloped Potatoes<br>1/2 c Green Beans                         | 1 c Taco Cornbread Casserole<br>1/2 c Vegetables  | 3 oz Country Fried Steak with Gravy<br>1/2 c Classic Mashed Potatoes<br>1/2 c Corn                          | 1 c Beef and Bean Dish<br>1/2 c Vegetable Medley  | 1 - Hamburger 'N Fixin's<br>1/2 c Red Potatoes<br>1/2 c Vegetable Medley                                    | 1 c Chicken with Stuffing and Gravy<br>1/2 c Mixed Vegetables   | 1 - Beef and Cabbage Stuffed Rolls<br>1/2 c Vegetable Medley  |
| <b>D<br/>I<br/>N<br/>N<br/>E<br/>R</b>                   | 1 c American Goulash<br>1/2 c Assorted Fruit<br>1 oz Garlic Bread   | 1 - Open Face Hot Turkey Sandwich<br>1/2 c Fruit Cup<br>1/2 c Classic Mashed Potatoes                       | 1 c Classic Chicken Noodle Soup<br>1 - Ham Sandwich<br>1 - Fruit Cup  | 1 - Sloppy Joes<br>1/2 c Mandarin Oranges<br>1 oz Chips   | 1/2 - Meatball Sub<br>1/2 c Cottage Cheese<br>1/2 c Assorted Fruit  | 1 c Beef Barley Soup<br>1 - Classic Turkey Sandwich<br>1/2 c Fruit  | 1 c Baked Beef Ravioli<br>1/2 c Assorted Fruit<br>1 oz Garlic Bread   |
|  | Milk offered at every meal  |   |   |   |   |   | Week 2  |

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# Weekly Menu

Union Court MC



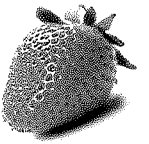
|  | Sun 04-07-2024  | Mon 04-08-2024  | Tue 04-09-2024  | Wed 04-10-2024  | Thu 04-11-2024  | Fri 04-12-2024  | Sat 04-13-2024  |
|--|---|---|---|---|---|---|---|
| <b>B<br/>R<br/>E<br/>A<br/>K<br/>F<br/>A<br/>S<br/>T</b> | 3/4 c Hot Cereal<br>1 - Egg of Choice<br>1/2 c Fresh Fruit<br>1/2 c 100% Juice<br>1 slice Whole Grain Toast | 3/4 c Hot Cereal<br>1 - Egg of Choice<br>1/2 c Fresh Fruit<br>1/2 c 100% Juice<br>1 slice Whole Grain Toast | 3/4 c Hot Cereal<br>1 - Egg of Choice<br>1/2 c Fresh Fruit<br>1/2 c 100% Juice<br>1 slice Whole Grain Toast | 3/4 c Hot Cereal<br>1 - Egg of Choice<br>1/2 c Fresh Fruit<br>1/2 c 100% Juice<br>1 slice Whole Grain Toast | 3/4 c Hot Cereal<br>1 - Egg of Choice<br>1/2 c Fresh Fruit<br>1/2 c 100% Juice<br>1 slice Whole Grain Toast | 3/4 c Hot Cereal<br>1 - Egg of Choice<br>1/2 c Fresh Fruit<br>1/2 c 100% Juice<br>1 slice Whole Grain Toast | 3/4 c Hot Cereal<br>1 - Egg of Choice<br>1/2 c Fresh Fruit<br>1/2 c 100% Juice<br>1 slice Whole Grain Toast |
|  | 3 oz Brown Sugar Meatloaf<br>1/2 c Macaroni and Cheese<br>1/2 c Vegetable Medley                            | 1 c Chicken Alfredo Pasta<br>1/2 c Steamed Broccoli   | 1 c American Chop Suey<br>1/2 c Brown Rice<br>1 - Spring Egg Roll   | 1 - Open Faced Hamburger<br>1/2 c Classic Mashed Potatoes<br>1/2 c Corn                                     | 1 - Hot Dog<br>1/2 c Macaroni and Cheese<br>1/2 c Vegetable Medley  | 3 oz Pork Roast with Gravy<br>1/2 c Classic Mashed Potatoes<br>1/2 c Vegetable Medley                       | 1 - Walking Taco Salad<br>1/2 c Brown Rice  |
| <b>D<br/>I<br/>N<br/>N<br/>E<br/>R</b>                   | 1 c Beef Chili<br>1/2 c Assorted Fruit<br>1 - Baked Roll  | 1 - Hot Roast Beef Sliders<br>1/2 c Assorted Fruit<br>1 c Green Salad                                       | 1/2 c Chicken Salad<br>1/2 c Citrus Fruit Salad<br>1 oz Crackers  | 1 - Caprese Chicken Sandwich<br>1/2 c Assorted Fruit<br>1 oz Potato Chips                                   | 3 oz Herb Crusted Turkey<br>1/2 c Assorted Fruit<br>1/2 c Classic Mashed Potatoes                           | 1 c Beef Goulash<br>1/2 c Assorted Fruit<br>1 - Bread   | 2 oz Chicken Nuggets<br>1/2 c Berry Jello<br>3 - Onion Rings  |
|  | Milk offered at every meal  |   |   |   |   |   | Week 3  |

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|  | Sun 04-14-2024  | Mon 04-15-2024  | Tue 04-16-2024  | Wed 04-17-2024  | Thu 04-18-2024  | Fri 04-19-2024  | Sat 04-20-2024  |
|--|---|---|---|---|---|---|---|
| <b>B<br/>R<br/>E<br/>A<br/>K<br/>F<br/>A<br/>S<br/>T</b> | 3/4 c Hot Cereal<br>1 - Egg of Choice<br>1/2 c Fresh Fruit<br>1/2 c 100% Juice<br>1 slice Whole Grain Toast | 3/4 c Hot Cereal<br>1 - Egg of Choice<br>1/2 c Fresh Fruit<br>1/2 c 100% Juice<br>1 slice Whole Grain Toast | 3/4 c Hot Cereal<br>1 - Egg of Choice<br>1/2 c Fresh Fruit<br>1/2 c 100% Juice<br>1 slice Whole Grain Toast | 3/4 c Hot Cereal<br>1 - Egg of Choice<br>1/2 c Fresh Fruit<br>1/2 c 100% Juice<br>1 slice Whole Grain Toast | 3/4 c Hot Cereal<br>1 - Egg of Choice<br>1/2 c Fresh Fruit<br>1/2 c 100% Juice<br>1 slice Whole Grain Toast | 3/4 c Hot Cereal<br>1 - Egg of Choice<br>1/2 c Fresh Fruit<br>1/2 c 100% Juice<br>1 slice Whole Grain Toast | 3/4 c Hot Cereal<br>1 - Egg of Choice<br>1/2 c Fresh Fruit<br>1/2 c 100% Juice<br>1 slice Whole Grain Toast |
|  | 3 oz Beef Pot Roast<br>1/2 c Mashed Red Potatoes<br>1/2 c Baby Carrots                                      | 1 c Chicken and Stuffing<br>with Gravy<br>1/2 c Vegetable Medley  | 3 oz Garlic Herb Pork<br>Roast<br>1/2 c Red Potatoes<br>1/2 c Green Beans                                   | 1 c Chicken and Broccoli<br>1/2 c Cheesy Rice   | 1 - Open Faced Hamburger<br>1/2 c Classic Mashed<br>Potatoes  | 3 oz Baked Cod Fillet<br>3 oz French Fries<br>1/2 c Coleslaw  | 1 c Beef and Bean Dish<br>1/2 c Vegetable Medley  |
| <b>D<br/>I<br/>N<br/>N<br/>E<br/>R</b>                   | 1 - Sloppy Joes<br><i>and</i><br>1 c Tater Tot Dish<br>1/2 c Fruit Pudding Salad                            | 1 c Beef Barley Soup<br>1 c Garden Green Salad  | 1 - Sausage Egg Muffin<br>Sandwich<br>1/2 - Banana Half<br>1 - Hash Brown                                   | 1 c Taco Soup<br>1 c Garden Green Salad   | 3 oz Hawaiian Meatballs<br>1/2 c Assorted Fruit<br>2/3 c Garden Pasta Salad                                 | 1 - Hot Turkey Sandwich<br>with Gravy<br>1 c Garden Green Salad   | 1 c Creamy Reuben Soup<br>1/2 c Fruit<br>1 - Baked Roll   |
|  | Milk offered at every meal  |   |   |   |   |   | Week 1  |

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|  | Sun 04-21-2024  | Mon 04-22-2024  | Tue 04-23-2024  | Wed 04-24-2024  | Thu 04-25-2024  | Fri 04-26-2024  | Sat 04-27-2024  |
|--|---|---|---|---|---|---|---|
| <b>B<br/>R<br/>E<br/>A<br/>K<br/>F<br/>A<br/>S<br/>T</b> | 1 oz Cold Cereal<br>1 - Egg of Choice<br>1/2 c Fresh Fruit<br>1/2 c 100% Juice<br>1 slice Whole Grain Toast | 1 oz Cold Cereal<br>1 - Egg of Choice<br>1/2 c Fresh Fruit<br>1/2 c 100% Juice<br>1 slice Whole Grain Toast | 1 oz Cold Cereal<br>1 - Egg of Choice<br>1/2 c Fresh Fruit<br>1/2 c 100% Juice<br>1 slice Whole Grain Toast | 1 oz Cold Cereal<br>1 - Egg of Choice<br>1/2 c Fresh Fruit<br>1/2 c 100% Juice<br>1 slice Whole Grain Toast | 1 oz Cold Cereal<br>1 - Egg of Choice<br>1/2 c Fresh Fruit<br>1/2 c 100% Juice<br>1 slice Whole Grain Toast | 1 oz Cold Cereal<br>1 - Egg of Choice<br>1/2 c Fresh Fruit<br>1/2 c 100% Juice<br>1 slice Whole Grain Toast | 1 oz Cold Cereal<br>1 - Egg of Choice<br>1/2 c Fresh Fruit<br>1/2 c 100% Juice<br>1 slice Whole Grain Toast |
|  | 3 oz Classic Meatloaf<br>1/2 c Red Potatoes<br>1/2 c Vegetable Medley                                       | 3 oz Garlic Herb Pork Roast<br>1/2 c Classic Mashed Potatoes<br>1/2 c Beets                                 | 1 c Italian Turkey Meatballs with Sauce<br>1/2 c Sweet Yams<br>1/2 c Vegetable Medley                       | 1 - Beef Taco<br>1/2 c Brown Rice   | 1 c American Chop Suey<br>1/2 c Brown Rice<br>1/2 c Vegetable Medley  | 7 oz <del>Smoked Sausage Link</del><br>1/2 c Red Potatoes<br>1/2 c Vegetable Medley                         | 3 oz Bacon Ranch Chicken<br>1/2 c Parmesan Roasted Potatoes<br>1/2 c Vegetable Medley                       |
| <b>D<br/>I<br/>N<br/>N<br/>E<br/>R</b>                   | 1 c Beef Goulash<br>1/2 c Pears<br>1 - Bread  | 1 c Chicken Pot Pie Soup<br>1/2 c Assorted Fruit<br>1 - Baked Roll  | 1 - Crispy Fish Sandwich<br>1/2 c Assorted Fruit<br>1 oz Chips  | 1 - Open Face Hot Turkey Sandwich<br>1/4 c Cranberry Sauce  | 1 c Baked Beef Ravioli<br>1 oz Garlic Bread   | 1 c Unstuffed Pepper Soup<br>1/2 c Assorted Fruit<br>1 - Baked Roll   | 1 - BLT Sandwich<br>1/2 c Assorted Fruit<br>1/2 c Potato Salad  |
|  | Milk offered at every meal  |   |   |   |   |   | Week 2  |

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